

2019

Cyclists of Quail Creek - Calendar

Ride & Event Calendar

Fiteness and Coffee Rides begin from the Madera Clubhouse East Entrance and Neighborhood and Out of Town Rides meet at CATC. Please arrive at least 10 minutes prior to times listed on the calendar so the ride can depart at the listed time. Click on leader's name for email.

Neighborhood Rides are casual rides of 10-12 miles averaging 9-12 MPH (no drop). Coffee Rides are moderate rides of 15-20 miles averaging 12-14 MPH (no drop). Fitness Rides are more aggressive rides of 25-35 miles averaging 14-16 MPH Tubac & Back is a once a month recurring moderate ride of 50 miles.

Out of Town Rides are moderate pace of 25-35 miles and meet at CATC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Neighborhood Ride with <u>Rick</u> or <u>Ken</u> 9:00 am	Fitness Ride with Kathleen 9:00 am	SCVBAC Meeting at 2:30 pm	Coffee Ride with Dan 9:00 am Club Meeting	Neighborhood Ride with <u>Ken</u> 9:00 am	6
7	Neighborhood Ride with <u>Rick</u> 9:00 am	Fitness Ride with Kathleen 8:30 am	Ride the Loop with <u>Bob</u> TBD	Coffee Ride with Dan 9:00 am Club Meeting	Neighborhood Ride with <u>Rick</u> or <u>Ken</u> 9:00 am	13
14	Neighborhood Ride with <u>Rick</u> or <u>Ken</u> 9:00 am	Fitness Ride with Kathleen 8:30 am	17	Tubac 'n Bac 8:30 am from Madera	Neighborhood Ride with <u>Ken</u> 9:00 am	20
21	Neighborhood Ride with <u>Rick</u> 9:00 am	Fitness Ride with Kathleen 8:30 am	Explore another Loop Segment 8:00 am Bob TBA	Coffee Ride with Dan 8:30 am Club Meeting	Neighborhood Ride with <u>Ken</u> 9:00 am	27
28	Neighborhood Ride with <u>Rick</u> or <u>Ken</u> 8:30 am	Fitness Ride with Kathleen 8:30 am				