

# June

# 2019

## Cyclists of Quail Creek – Calendar

### Ride & Event Calendar

Fitness and Coffee Rides begin from the Madera Clubhouse East Entrance and Neighborhood and Out of Town Rides meet at CATC. Please arrive at least 10 minutes prior to times listed on the calendar so the ride can depart at the listed time. Click on leader's name for email.

Neighborhood/Social Rides are casual rides of 10-12 miles averaging 9-12 MPH (no drop). Coffee Rides are moderate rides of 15-20 miles averaging 12-14 MPH (no drop). Fitness Rides are more aggressive rides of 25-35 miles averaging 14-16 MPH. Tubac & Back is a once a month recurring moderate ride of 50 miles.

Out of Town Rides are moderate pace of 25-35 miles and meet at CATC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Neighborhood Show 'n Go 7:30 am - CATC	4 Fitness Ride 7:30 am - Madera Clubhouse	5	6 Coffee Ride 7:30 am Medera Clubhouse	7 Neighborhood Show 'n Go 7:30 am - CATC	8
9	10 Neighborhood Show 'n Go 7:00 am - CATC	11 Fitness Ride 7:00 am - Madera Clubhouse	12	13 Coffee Ride 7:00 am Medera Clubhouse	14 Neighborhood Show 'n Go 7:00 am - CATC	15
16	17 Neighborhood Show 'n Go 7:00 am - CATC	18 Fitness Ride 7:00 am - Madera Clubhouse	19	20 Coffee Ride 7:00 am Medera Clubhouse	21 Neighborhood Show 'n Go 7:00 am - CATC	22
23	24 Neighborhood Show 'n Go 7:00 am - CATC	25 Fitness Ride 7:00 am - Madera Clubhouse	26	27 Coffee Ride 7:00 am Medera Clubhouse	28 Neighborhood Show 'n Go 7:00 am - CATC	29
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